

2016
Impact Report



COLUMBUS
REGIONAL
HEALTH
FOUNDATION



*Coming
Together
in Generosity*



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On behalf of the Columbus Regional Health Foundation Board of Directors, staff, members and people whose lives are enhanced by the work we support, we celebrate your generosity with this report. Thank you for coming together with us to make such a difference in our community.

—George Dutro, 2015-2016 Board Chair

Coming Together with Our Community Partners (\$70,982)

Coming Together with key health partners by putting donor dollars to work in the community.

In 2016, the CRH Foundation awarded \$70,982 to the following community health projects using a portion of donations we received designated to "Where the Need is Greatest."

Coming Together with Sandcrest Family Medicine

Birth Doulas: A Hand to Hold and to Help (\$7,000)



2016 saw the completion of a pilot program that partnered Sandcrest Family Medicine with the Community Doula Program to provide doula services for expectant families. A doula, also known as a birth companion and post-birth supporter, is a non-medical person who assists a woman before, during, and/or after childbirth.

"It is an honor to participate in such an extremely personal event as birth," said Audrey Tyree, a certified birth doula. Both the doulas and

doctors are very pleased with the program's results. The pilot demonstrated improved outcomes for mothers and baby when a doula supported a family through pregnancy, labor and birth.

Columbus Regional Health Foundation provided a grant to cover the cost of the doulas, making it possible to provide services to these thirty families in order to determine their effectiveness versus non-doula-assisted births.

Coming Together with United Way:

PremiumLink Created to Ensure Coverage (\$222,500)

Persons may find themselves at significant financial and medical risk when faced with the loss of medical coverage due to an inability to pay their HIP 2.0 or Marketplace premiums and POWER account payments. An unexpected expense and even one missed payment may result in the loss of healthcare insurance.

CRH Foundation has teamed up with the United Way of Bartholomew County to provide temporary subsidy premium payments so in-need community members can retain health insurance.

The PremiumLink Program is a two-year pilot, focuses on the fall enrollment period, utilizes navigators at WellConnect, CRH and other community locations to enroll, and is run by United Way.



Coming Together with Our Hospice:

Soul Doulas: Comfort and Care
at the End Of Life (\$11,000)

Columbus Regional Health Foundation granted Our Hospice of South Central Indiana an \$11,000 award to develop an End of Life Doula Program.

The End of Life Doula Program offers a leading edge opportunity to expand the scope of hospice care in our community. Doulas, which are more commonly associated with the birthing process, are trained to assist patients and families through the difficult transition at the end of life. The doula may bring intimate and personal care needed during the end of life process and provides around the clock assistance when the patient is actively dying. This new program offers an approach that supports both a non-medical and medical model by helping the patient and family deal with questions about the dying process and how they would like their last days to unfold. It is a model that honors the life of the person dying, offers them control over how they approach their death, and thoroughly supports loved ones. By doing so, it transforms the dying process into a richer, more meaningful experience.

At the end of patients' lives, they and their family need additional supportive care in the form of one-on-one emotional and psychological care, guidance on what to expect, as well as planning the patient's last days. The support of a doula may help bring comfort and a sense of peacefulness to the family at the end of their loved one's life.

Volunteer doulas are available for hospice families upon request. Services will be provided to eligible patients and families regardless of ability to pay.

Coming Together with Mill Race Center:

Aging Well! (\$18,000)

In 2016, CRH Foundation marked its third year partnering with Mill Race Center to support Aging Well! Developed by Mill Race Center, the program is designed to create positive outcomes for MRC members by getting connected, staying engaged and aging well.



The six-month program provides participants a wellness model that focuses on six dimensions:

intellectual, spiritual, emotional, vocational, physical and social. Members learn how to make choices that lead to more independent, healthy and meaningful lives.

Mill Race Center is a key partner with Columbus Regional Health and CRH Foundation in advancing and advocating for the health of our community's 50+ population. The continuing cooperation began with financial support for a wellness facility and equipment, grew with the relocation of CRH rehab services onsite, and continues with support for the Aging Well! program.



Coming Together with Rock Steady:

Punching Parkinson's Disease (\$1,881)

A new program available via the CRH Parkinson's Support Group empowers those living with Parkinson's with a way to start fighting back. The Rock Steady Boxing classes offer an intense 'forced' exercise regime that has shown to be neuro-protective, slowing down the progression of the degenerative movement disease.

Based on classic boxing skills and training fundamentals, an exercise program is designed based on each person's disease progression, unique symptoms and fitness level. Conditioning for balance, speed, muscle strength, hand-eye coordination and mental focus promotes noticeable improvements, giving hope by improving the quality of life.

Funds from CRH Foundation allowed the Rock Steady program to purchase a portable AED to travel with instructors as classes expand to more locations.

The boxing program complements the emotional backing received from the CRH Parkinson's Support Group also supported by CRH Foundation. Many people find that support groups are tremendously effective in coping with the day-to-day realities of Parkinson's disease.



Coming Together with BCSC:

Extending Farm to Fork Program with Chilly Purchase (\$10,000)

Through an innovative initiative to provide fresh fruits and vegetables to school children, the Bartholomew County School Corporation Food Services Department purchases local produce when in season. In addition to supporting the local economy by including more local produce in school meals, children reap the benefits of fresh food. To extend the use of the food throughout the school year, CRH Foundation provided funds for BCSC to purchase a Blast Chiller Shock Freezer.

Shock freezing preserves food for months after the picking date, keeping the initial quality intact while retaining nutrients. Produce is brought in fresh from the field and can be frozen within hours. Once frozen, the food will be distributed to all schools throughout the year. Having the ability to preserve food will allow BCSC to purchase surplus quantities when in season for purposes of serving later in the year.

Coming Together with Columbus Regional Health (\$480,135)

In 2016, CRH Foundation awarded \$480,135 to support education training, and equipment for innovative, forward-focused patient care throughout Columbus Regional Health.

Coming Together for Children: CRH Nursing Staff (\$5,425)

The CRH Foundation supports the continuing education of hospital staff by providing funds for critical training and adoption of best practices. Nurses from the Birthing Center and Pediatrics Department received funds to take part in important training which will ensure the best possible patient care.

"We wanted to send staff from both the Level 2 Nursery and from Labor and Delivery so they could learn and ensure that the care we provide here at CRH meets evidenced based, best practices," says Sheila Leeper, Nurse Manager-Birthing Center and Pediatrics. "By sending staff to this conference, we not only get the chance to look at the newest innovations in obstetric and neonatal care, but we get bedside staff actively involved in helping to drive practice forward. With the Foundation's help, staff was able to attend a conference that focused solely on the care and innovations in care for our most vulnerable patient population—our children."

Two pediatric clinical nurses, Kelly Kirkland and Sarah Bringman, were supported to attend pediatric nurse convention last June as well. "Although the pediatric unit is small at CRH, it is still very important that we ensure our practices measure up to evidence-based standards of care across the country," says Sheila.



Kelley Kirkland

Coming Together for Cancer Patients: State-Of-The-Art Technology and Training (\$8,382)

CRH has made significant investments in new techniques, physicians, and staff in the last 18 months, dramatically expanding Cancer Center services at CRH. These improvements require additional training for new and current staff.

Over the past year, the CRH Foundation has provided support for numerous oncology staff to attend trainings that contribute to continuous improvement in patient care. Clinical, medical and administrative staff attended national meetings to stay current with

best practices and technologies. Learning included newest practices for cancer data specialists, oncological nursing, and advanced training on recently acquired technology and equipment.

Several new technologies at CRH deliver radiation treatments precisely aimed for a focused attack on even the smallest of tumors in the most difficult of locations within the body. The TrueBeam Linear Accelerator, Eclipse External Beam Planning system, Optical Surface Monitoring System and 6D Couch offer clinicians state-of-the-art options that make it easier and faster to deliver sophisticated cancer treatments.

"The systems were not available at CRH prior to the acquisition of the new software and hardware. Often



patients with lesions in hard to treat locations would be referred out of the CRH system for treatment. I'm excited about our ability to bring state-of-the-art treatment techniques to our patients at CRH", said Alex Georgiades, Medical Physicist. Truebeam is designed to deliver the lowest dose possible to the surrounding healthy tissue, while still sending the maximum dose to the tumor. This allows for highly effective cancer treatment and lets the patient remain close to home."





Coming Together to Celebrate: Cancer Survivor's Day (\$2,264)

From the moment the news is delivered, CRH Cancer Center patients focus on surviving and thriving. Each day is one more beyond the diagnosis.

This past June, Oncology and Rehabilitation staff, loved ones, survivors and those undergoing treatment came together to celebrate one more day. The 2016 theme was Survivor Superheroes. The day brought those touched by cancer together for a reunion with their providers and other Cancer Center staff for laughter, good food, inspirational speakers and revelry with superhero capers.

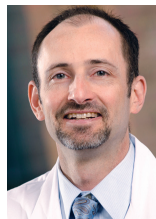
The celebration was the local recognition of National Cancer Survivor Day on June 5, whose purpose is described as a CELEBRATION for those who have survived, an INSPIRATION for those recently diagnosed, a gathering of SUPPORT for families, and an OUTREACH to the community.

CRH Foundation was pleased to support the day's activities.

Coming Together to Reward Excellence In Education (\$5,000)

Each year the Foundation recognizes employees whose work goes above and beyond to promote education across Columbus Regional Health or to the communities it serves. Recipients use the award funds to enhance or accelerate their educational work.

Sarah Abel, Physician Liaison in the Radiology Department, developed a manual for Radiology Imaging Services that serves as an educational resource tool for patients, families, providers and scheduling staff. The reference manual provides a systematic approach to current information and a decision tree for all radiological-specific protocols for testing. Its use has decreased the amount of time at the scheduling center, as staff or patients calling for appointments are better prepared with needed information in hand. It also serves as an educational tool for nursing staff as the manual contains pictures and diagrams illustrating exactly what a patient can expect while undergoing radiological testing.



Dr. Chris Iorio created a 'teaching moments' video library while on rounds on the Critical Care Unit at Columbus Regional Hospital. As Medical Director of the CCU, he found that during multidisciplinary rounds there were many instances when he would be giving quick 3 to 5 minute educational session to staff, patients or families. As not every staff member was able to be present, he worked with the hospital's media services to record these moments. These short videos have been built into a library of reference and teachable moments that are available at all times.

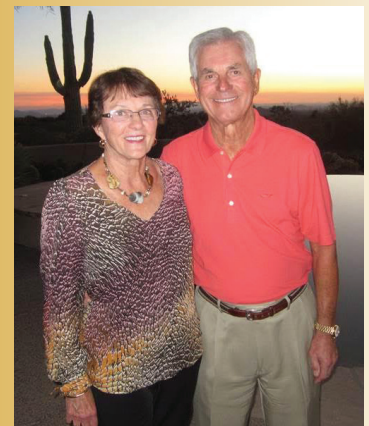
Coming Together with Generous Community Members: Barbara and David Kirr (\$50,000)

Over the years, Barbara and David Kirr have made significant contributions to CRH and the CRH Foundation, sharing their time and generosity. Both have served on the Foundation's Board, Barbara having served as the Board's president, and Honorary Lifetime Member. Most recently, they made a major gift to the Cancer Center in support of the Center's Rapid Adoption Fund.

Their gift is in honor of longtime friend and family physician, Dr. Charles Rau for his 50 plus years of service to the community, and to recognize his many meaningful contributions to their lives.

The decision to support the Cancer Center was made after learning of the vision of oncology physicians and staff.

Impressed by their goals and plans to become the best and most innovative care center for cancer patients in south central Indiana, Barbara and David made a gift to further the hospital's commitment to innovation to



provide the highest quality care. The Kirrs are thankful, believing Columbus is blessed to have such a high level of care available locally.

Both Barbara and David grew up in the Pittsburgh area, moving to Columbus as young adults 50 years ago. In their hearts they are Hoosiers, having raised a family and started a business here. Early on, they met individuals—like J. Irwin Miller—who welcomed them, mentored them, and served as an example of service to the community with time, love and support. Their friends, clients and neighbors influenced their outlook on philanthropy, and now they wish to serve as models to their children and grandchildren, many who still live in Columbus.

The Kirrs believe supporting the work of the Foundation and Columbus Regional Health is the best investment one could make. Their strong belief in the value of giving back to the community and sharing of oneself shines through in their outlook on life and in their actions.

Barbara and David are very proud to be members of the Foundation community, and to be able to support the Cancer Center with their gift. The impact of their gift will be felt by every person who walks through the Cancer Center's doors, reaching across the generations.

Coming Together with Healthy Communities Initiatives (\$284,663)

CRH Foundation supports Healthy Communities Initiatives Action Teams and special project programs. Listed are just a few of the accomplishments and results made possible by your gifts. In total, \$284,663 was awarded to HCI for 2016 initiatives.

Coming Together to Tackle Two Crises

(\$18,000)

Mental health and substance abuse were identified as the top priority issues in the 2015 Community Health Needs Assessment. In response, Healthy Communities has brought an already existing community team under the Healthy Communities umbrella, creating the Mental Health and Substance Abuse Action Team, with staff funding provided by CRH Foundation.

The role of Healthy Communities' new team is to assist with health system integration,



2016 Roundtable on Opioid Crisis

public awareness, data collection & evaluation, coalition activities, and prevention programs.

In 2016, the team mapped the current continuum of care and identified gaps in prevention, treatment and ongoing support for those with mental health and substance abuse issues. The team also hosted a community summit to outline the scope of the issues.

Coming Together to Support Breastfeeding:

Nurse 'n' Chat (\$714)

The Healthy Communities Breastfeeding Coalition continued to support breastfeeding mothers and babies in 2016. The free, semi-monthly Nurse 'n' Chat sessions, staffed by a certified Lactation Consultant, assisted nearly 40 mothers and was utilized over 100 times.

One participant said, "Nurse 'n' Chat is the only reason we didn't give up breastfeeding after our difficult start!" 100% of



participants surveyed would recommend Nurse 'n' Chat to a friend.

Other 2016 activities of the coalition included:

- providing breast milk storage magnets in English or Spanish to all nursing mothers at Columbus Regional Hospital
- loaning hospital-grade pumps to 15 mothers with medical need to ensure a healthy milk supply
- providing a continuing medical education session on postpartum depression and breastfeeding
- providing a comfortable and private place to nurse at the Bartholomew County 4-H Fair and Ethnic Expo
- celebrating families who meet the one-year of breastfeeding goal (the American Academy of Pediatrics recommendation) by giving "Eat Local" shirts to the babies who, along with mom, achieved this important milestone.

Plans are underway to increase the frequency of Nurse 'n' Chat sessions in 2017 to meet the need for regular, predictable support and guidance to new mothers.

Coming Together with Proyecto Salud:

Bienvenido Program (\$1,635)

HCI's Proyecto Salud team held a successful Bienvenido program (a mental health prevention program) in 2016. Two participants became faithful volunteers and were very helpful during the transition from VIM to VIMCare. Patients were connected to the new clinic and Spanish-speaking hours.

Throughout the year, Proyecto Salud expanded their outreach to the community. A few of the efforts included:

- Hiring and training Petra Shepard, a long-time dedicated and energetic volunteer, to be a promotora (a specialized healthcare educator);
- supplementing the work of the Healthy Lifestyles Action Team by participating in various health fairs and promoting healthy lifestyles to the Spanish speaking population;
- providing health education to over 600 clients on diabetes, mental health, obesity, hypertension, and medical interpretations;
- performing nearly 350 blood pressure, body mass index, foot, and glucose screenings.

Volunteers in Medicine

Coming Together to Successfully Transition and Celebrate Volunteers in Medicine

A Dedication to the Legacy of Drs. Rau, Rau and Franz

Over 35 years ago, the doctors of a young medical practice stepped outside of the four walls of their office to provide much needed health care to those in need in Bartholomew County. Their revolutionary vision thrived and grew, ultimately transforming into Volunteers in Medicine in 1996. Along their way, other physicians joined the cause, volunteering their time and skills.

Throughout the years, two local visionaries led the way—Dr. Charles Rau and Dr. Sherman Franz. Both are founding physicians of Volunteers in Medicine, overcoming obstacles and facing challenges in an ever-changing medical landscape.

Dr. Charlie, as he is known, made an incalculable difference in the lives of so many during his 20 years as VIM medical director and during his 50 year career in his own practice. Dr. Rau's long commitment to the health of Bartholomew County since 1959 has been not just his vocation but his life's passion and mission.

In August 2016, Dr. Rau retired after 57 years as a medical professional. His presence at the new VIMCare Clinic may be missed but his bold vision for health care



Dr. Charlie Rau, Dr. Sherman Franz, Dr. Amy Hale, VIMCare Practice Manager, Kris Abney

for those most at-risk will continue on in the fabric of the new clinic.

Dr. Franz is another champion of accessible care for all. As a psychiatrist, he has helped develop and deliver mental health care services at VIM since the day it opened. Dr. Franz is credited with bringing the VIM model to our community and with helping found the clinic. Luckily, Dr. Franz is not retiring and is now working with Dr. David Rau to bring a new model of mental health care to VIMCare patients called the "Collaborative Care Model."

Their dedication and legacy endures with the clinic's new Medical Director, Dr. Amy Hale. During her presentation to recognize both at the 2016 Reverse Raffle, Dr. Hale stated she is "'humbled by their legacy and committed to continuing their dedication to our community's medically underserved."

Coming Together to say Thank You to the Hundreds of VIM Volunteers and Donors

As the final boxes were being moved, and the last days of the Volunteers In Medicine Clinic were quickly counting down, CRH Foundation held three events to say thank you to the hundreds of volunteers, providers and donors who supported VIM over the last 20 years.

At the August 30 VIMCare Open House, Dr. Charles Rau presented Dr. Amy Hale with a framed VIM Mission

Statement, officially marking the transition from Volunteers in Medicine to VIMCare. Dr. Hale is the primary care physician at VIMCare Clinic. Dr. Hale is a Columbus native who volunteered at Volunteers in Medicine when she was in high school and college.

An August 22 event at Upland Brewing hosted by CRH's CEO Jim Bickel and Chief Medical Officer Tom Sonderman, recognized VIM's clinical providers and volunteers.

Laura Hurt, longtime volunteer and founder of the Monday evening Spanish language clinic at VIM, Proyecto Salud, hosted a thank you event at Smith's Row for the many volunteers who had served as interpreters and medical and clinic volunteers throughout the years.



Coming Together for Expanded Access: Next Generation VIMCare Clinic (\$465,363)

total to Volunteers in Medicine
and VIMCare Clinic in 2016

Medication Assistance Program

Today's Medication Assistance Program (MAP) is the result of community partnership at its best. MAP is a community collaboration involving a number of partners, including Columbus Regional Health, Columbus Regional Health



Foundation, VIMCare, Love Chapel, Kroger Pharmacy, and the Trustees from Columbus, Clifty, Flat Rock, German, Harrison and Sandcreek Townships.

Originally housed at Thrive Alliance in the United Way building, the Bartholomew County Medication Assistance Program consisted of two divisions. The Emergency Assistance Program enabled clients to receive 'urgent need' medication for free or reduced cost via vouchers at the Kroger pharmacy. The Chronic Medication Assistance Program procured free medications for county residents from pharmaceutical companies on the referral of their doctors. The VIM Medication Assistance Program was established to obtain free medications from pharmaceutical companies for the clinic's patients.

Having all three programs now located within VIMCare is ideal for our community. Cheri Wildridge and Sarah Warfield, MAP coordinators, assess which program best serves the clients, determine eligibility, and work efficiently to assist them with obtaining their medication(s).

VIMCare Clinic

2016 saw the transformation of Volunteers in Medicine into the VIMCare Clinic. VIM opened its doors in 1996 as our community's solution to a critical lack of access to primary healthcare. Two decades later, many patients are able to enroll in HIP2.0, Indiana's Medicaid insurance product, rendering them ineligible for free healthcare at VIM. So VIM has evolved to continue to meet local needs. This next generation clinic continues to be a 'safety net' for uninsured people but we have expanded it to include those who have access to HIP 2.0, as well as those who are uninsured. Although there is a new name, a new look and new faces, the mission remains the same. VIMCare will be able to serve thousands more low-income patients in Bartholomew County, most who have been without access to local primary healthcare.

Meet the Staff of VIMCare

Left to right: Katressa Roberts (scheduler/registrar), Cristina Eubanks (scheduler/registrar), Carrie Cooley (licensed practical nurse), Paula Rothrock (Clinical Case Manager), Kristopher Abney (Practice Manager), Dr. Amy Hale (VIMCare Physician), Alesha Martinez (licensed practical nurse), Tamara Wood (licensed practical nurse), Susan Binder (scheduler/registrar), Sarah Warfield (VIMCare/Community Medication Assistance Coordinator). Not pictured:



Cheryl Wildridge (VIMCare/Community Medication Assistance Coordinator), Nelda Sturgill (Nurse Practitioner) and Elizabeth Patton (Licensed Clinical Social Worker).

The new team knows it will take a bit of time to work out the kinks of the new system. In the first few months, the expected challenges have been smoothed thanks to the great work of the transition teams. Building the practice to expand access to our community's underserved continues to be the priority.

The new clinic will serve

- thousands more patients than VIM could;
- provide expanded mental health services;
- provide expanded access to medication assistance;
- provide additional case management for patients with many obstacles due to poverty;
- provide more in-clinic point-of-care procedures;
- create greater integration with CRH Health System services.

VIMCare Clinic Vision

We welcome those who need
To come without fear, and
We invite those who serve to
come without pride,
So that their meeting
may bring healing
and hope to both.

20 Years of Volunteers in Medicine

10,500+



PATIENTS
SERVED



TOTAL \$
DONATED
TO VIM

\$5,682,096



2,359
DONORS

EXECUTIVE
DIRECTORS



250+



VOLUNTEER
HEALTH CARE
PROVIDERS

TOTAL \$ VALUE of
MEDICATIONS OBTAINED
FOR PATIENTS



THROUGH
VIM MAP

\$32,082,567



LARGEST ATTENDANCE **492**
AT A REVERSE RAFFLE IN 2015

LARGEST NUMBER OF
REVERSE RAFFLE
SPONSORS
in 2015

184



SINCE 1999
SPANISH-LANGUAGE
CLINIC VOLUNTEERS

48

LARGEST
\$ RAISED

IN ONE YEAR AT
REVERSE RAFFLE
(NET) IN 2015



\$189,000

External Grants Received for Local Health-Related Projects (\$175,525)

The Columbus Regional Health Foundation received over \$175,000 in grants from local, regional and national foundations to support Columbus Regional Health and community health projects.



Coming Together with Columbus Bike Co-Op (\$10,000)

The Columbus Bicycle Co-op received a grant from the QBE Foundation thanks to Columbus Regional Health Foundation and Columbus Regional Health. Foundation staff applied for the grant to recognize the co-op which provides bike safety and maintenance education, free valet bike parking at events, and assistance and support for a variety of bike-related activities in the community. In 2016, the co-op assisted with getting 200 more bikes in the community.

Funds will be used to support the co-op's most successful program—the Earn-a-Bike program—which continues to grow. In 2016, over 100 bikes were completed. To earn a bike, a person must volunteer in the shop and learn to fix and maintain their own bike. Potential owners are guided through the process and mentored through the bike rebuilding process by expert staff and dedicated volunteers. Those that earn a bike build not only a bike but self-sufficiency. Earning a bike helps people live more independently by having a means of transportation, which helps them be more productive and healthy.

Coming Together with Komen and IBCAT

Breast Health Center Receives Funds to Offer Low Cost Mammograms (\$14,225)

For a dozen years, local low income women have had access to screening mammography in part because of the continued support from the Susan G. Komen Foundation and the Indiana Breast Cancer Awareness Trust. Over the years, the total received from both organizations exceeds \$237,000.

The Mammography Assistance Program provides digital screen mammograms for uninsured or underinsured women in

Bartholomew and surrounding counties for the nominal fee of \$5.

"IBCAT and Komen continue to be excellent partners in guaranteeing uninsured and underinsured women in our community have access to vital breast health services," said Deana Tuell, CRH Breast Health Center Manager.



Coming Together with Local Foundations:

Essential Medication Assistance Programs (\$13,000)

In 2016, the Clarence E. and Inez R. Custer Foundation (\$5,000), Elizabeth R. and Walter C. Nugent Foundation (\$5,000), and Hazel Teegarden Foundation (\$3,000) provided ongoing support for the VIMCare-administered Medication Assistance Programs. MAP helps patients access needed medications to control chronic diseases.

The Medication Assistance Program has an outstanding return on investment with an approximate annual benefit of \$2.1 million in medications being provided to patients. The support of the three foundations helps to purchase medications and operate the program.

Coming Together with IU Basketball: 3-Pointers Score Big for CRH (\$7,500)

Throughout the 2015-2016 season, each time the Indiana University basketball team sank a 3-point shot, Direct Energy, Inc. made a donation to CRH through their program to give back to the communities they serve.

This unique partnership between the energy provider and the IU basketball program benefited Columbus Regional Health. Across the country, Direct Energy forges partnerships with local university football or basketball teams creating unique programs to raise funds to support the hospitals Direct Energy serves. Over the course of the season, the team sank thirty 3-pointers for a total of \$7,500 given to CRH!



Coming Together in Generosity

We Celebrate Our Donors!

We want to thank the following donors for the generous gifts made to Columbus Regional Health Foundation. These gifts are a testament to our community's breadth of compassion and commitment to health.

Lifetime Distinguished Donors* (Individuals)

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(\$250,000 +)

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(\$100,000 +)

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(\$50,000 +)

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These individuals have included CRH Foundation in their estate plan, as a retirement plan beneficiary, or have made a planned gift to CRH Foundation.

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Douglas J. Leonard
John C. Marshall
Warren and Linda McCune
Ralph J. McDaniel
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2015-2016 Douglas J. Leonard Innovation Fellowship Project

The Leonard Fellowship supports projects designed to innovate patient care. Fellowship recipients are held in high regard across the hospital, are nationally recognized for their innovative work and have demonstrated impact on CRH patient care. The \$10,000 award supports an innovative project during the two-year fellowship period.

The 2015-2016 Leonard Fellow was Lucina Kessler, CRH Diabetes Services Clinical Nurse Specialist. For the past seven years, Lucina has



Douglas J. Leonard

developed and run successful chronic care management programs at VIM and CRH, based on evidence-based best practice and her research on diabetes care. These programs are the foundation for her current project to develop a predictive tool that will assist

care givers in communicating more effectively with patients.

Collaborating with academic and industrial partners, the fellowship project advanced the work significantly. Lucina helped develop a linguistic-based patient-centric tool to improve treatment plan adherence. In the management of chronic conditions, the biggest challenge is to change behaviors for better outcomes. Relaying information, care plans, and instructions can be difficult if the care giver and patient 'speak' from differing worldview languages.

Patients see themselves and the world through different perceptual frameworks. Each of these frameworks has its own use of language and structure. Patients with different behaviors need different approaches by health care providers to effectively communicate treatment plans. Instructions, explanations, and health guides are better communicated using a patient's own language steeped in their perceptual framework. Adjustments in how information is shared improves engagement, adherence and self-management.

The online tool under development provides caregivers treatment information in language and outlook that mirror the patient's for maximum understanding, agreement and adherence.

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CRH Immerses In Gravity Tank To Think Differently

The L. Paul Berman Memorial Fund for Patient Care Excellence provides funds for projects to encourage innovations and drive excellence in patient care at CRH. Recipient projects enable CRH to rapidly adopt the latest and best clinical practices and to support CRH innovations in healthcare delivery. In 2016, Berman Funds supported roughly 24 CRH staff and physicians to participate in a GravityTank design thinking workshop.

GravityTank is a design led innovation consultancy. The goal of their workshops is for participants to learn and practice design thinking tools and principles needed to define, develop and communicate solutions more effectively.

Over the course of the summer of 2016, three teams spent six-days in workshops advancing real CRH projects using this innovative process.

Thanks to the Berman Fund support over the last 6 years, CRH has developed and integrated design-thinking tools and processes into their quality, process-improvement, and business development efforts.



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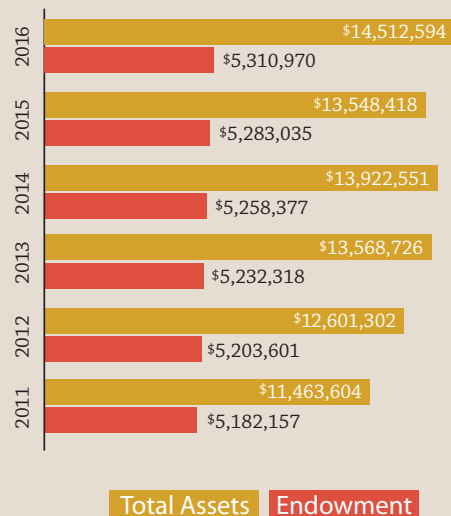


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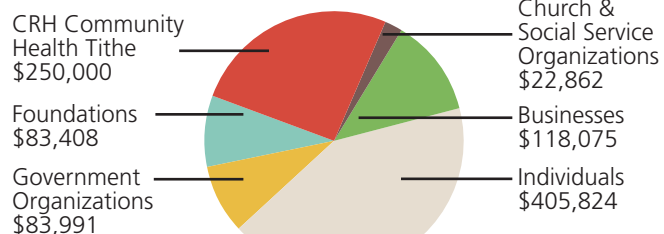
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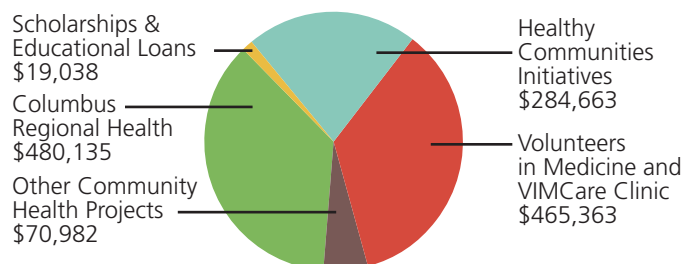


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