



Candied Walnuts

Ingredients: (Serves 6)

- 2 tbsp. brown sugar
- 2 tbsp. orange juice
- ¼ tsp. cinnamon
- 2 oz. (½ cup) walnuts

Directions:

Mix together brown sugar, cinnamon, and orange juice. Place in a small saucepan. Add walnuts and heat. Continue cooking until all the liquid has reduced. Remove from heat and spread on a piece of parchment paper to cool.



Nutrition Info (per 4 tsp.)

Calories: 80

Total Fat: 6 g

Sodium: 0 mg