SOUTHERN INDIANA OB/GYN
MEDICATIONS ALLOWED DURING PREGNANCY

No drug has been proven absolutely safe during pregnancy. However, there are over-the-counter (OTC) medicines that we feel are relatively safe by following the directions on the label. **If any condition persists for 7 days please contact our office.**

*It is our preference that no medication be taken unless absolutely needed.*

**Benadryl** (Diphenhydramine) for nasal drainage, sneezing or itchy rashes

**Imodium A-D** (Loperamide) for diarrhea

**Metamucil, Citrucel, Fibercon or Peri-Colace** for constipation

**Mycelex** (Clotrimazole) or **Monistat** (Miconazole) vaginal cream for yeast infection (7 night application only)

**Preparation H, Anusol or Tucks** for hemorrhoids

**Robitussin DM** for cough

**Sudafed** (pseudoephedrine) or **SINUTAB Non-drowsy** for nasal/head congestion

**Tums, Rolaids, Maalox or Mylanta** for heartburn

**Tylenol** (acetaminophen) for pain or fever

**Tylenol PM** for sleep

*REMEMBER: take all medication per the package directions.*