Healthy Communities

SNAP recipients received over $2,100 in free produce at the Farmer’s Market through the Double Bucks program.

The Nurse-Family Partnership program started making home visits with nearly 30 first-time mothers. 100% received prenatal care and of those who have delivered their babies, 100% were born at a healthy birth weight and are breastfeeding.

Over 1,000 children ran in the Mill Race Marathon Kids Fun Run.

Breastfeeding Coalition saw participation in the weekly Nurse ‘n Chat program continue to increase.

The Mental Health Team increased the number of doctor’s offices that routinely screen for depression and suicide risk. Suicide decreased by 35% in 2018.

The Community Medication Assistance Program helped 654 people receive $1,825,600 in medications.

We provided ASAP drug abuse prevention information to over 1,500 people.

Local schools adopted evidence-based drug prevention curriculum.

Bike Month and Walktober generated over 30 activities to get the community out and moving.

We provided drug abuse prevention information to area groups and distributed drug lock boxes to keep prescriptions out of the wrong hands.

We supported the Bike Co-op, the Columbus Bike Share program and Go Healthy, Columbus to encourage biking and walking.

Fourth graders picked up over 8 pounds of cigarette butts in downtown Columbus for the Great American Smoke Out.

Our promotoras provided health education on nutrition, diabetes, mental health and heart health.
## 2018 Healthy Communities Scorecard

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Most Recent Actual</th>
<th>Indiana</th>
<th>US Score</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Access to Health Care for All</td>
<td></td>
<td></td>
<td>8.8%</td>
<td>3</td>
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<tr>
<td>Unable to see physician in past year due to cost or lack of insurance</td>
<td>1.8%</td>
<td></td>
<td></td>
<td>2</td>
</tr>
<tr>
<td>Language or cultural barriers prevented health care in past year</td>
<td>9.8%</td>
<td></td>
<td></td>
<td>2</td>
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<tr>
<td>Unable to fill a prescription in past year due to cost</td>
<td>82.5%</td>
<td></td>
<td>75.9%</td>
<td>82.2%</td>
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<tr>
<td>Have a regular physician or clinic for medical care</td>
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<tr>
<td>Aware of the VMCare Clinic =200%FPL</td>
<td></td>
<td></td>
<td>31.2%</td>
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### Promote Healthy Lifestyles

<table>
<thead>
<tr>
<th>Indicator</th>
<th>% Absent</th>
<th>% Present</th>
<th>% Total</th>
<th>Score</th>
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</thead>
<tbody>
<tr>
<td>Adult smoking rates</td>
<td>15.3%</td>
<td>21.1%</td>
<td>16.6%</td>
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<tr>
<td>Teen smoking rates</td>
<td>10.7%</td>
<td>12.8%</td>
<td>13.4%</td>
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<tr>
<td>E-cigarette rate</td>
<td>2.3%</td>
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<td>3</td>
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<tr>
<td>Adult body mass index</td>
<td>28.2%</td>
<td>32.8%</td>
<td>30.2%</td>
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<tr>
<td>Adult body mass index</td>
<td>38.1%</td>
<td>32.5%</td>
<td>33.8%</td>
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<tr>
<td>Meets physical activity requirements</td>
<td>20.5%</td>
<td>15.6%</td>
<td>18.7%</td>
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<tr>
<td>Overdose deaths per 100,000</td>
<td>20</td>
<td>24.9</td>
<td>23.5</td>
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<tr>
<td>Overdose calls to 119</td>
<td>195</td>
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<tr>
<td>Suicide rate per 100,000</td>
<td>13.8</td>
<td>15.7</td>
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### Prevent Infant Health

<table>
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<th>% Absent</th>
<th>% Present</th>
<th>% Total</th>
<th>Score</th>
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</thead>
<tbody>
<tr>
<td>Infant Mortality (if deaths birth-12 mos)</td>
<td>9.4</td>
<td>12.3%</td>
<td>15.6%</td>
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<tr>
<td>Shaken Baby Syndrome Incidence</td>
<td>0</td>
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<tr>
<td>Breastfeeding Initiation</td>
<td>83.9%</td>
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### Average Score

2.3

### 2018 Healthy Communities Council

<table>
<thead>
<tr>
<th>Name</th>
<th>Role</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Steve Heimann</td>
<td>Co-Chair</td>
<td></td>
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<tr>
<td>Jennifer Hartwell, MD</td>
<td>Co-Chair</td>
<td></td>
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<tr>
<td>Julie Abidien</td>
<td></td>
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<tr>
<td>Shirley Arsay</td>
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<tr>
<td>James Bickel</td>
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<tr>
<td>Maggie Biffi</td>
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<tr>
<td>Stephen Champion, MD</td>
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<tr>
<td>Helen Kinsey, MD</td>
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<tr>
<td>Chris Beach</td>
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<td>Holly Gordon</td>
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<tr>
<td>Julie Knight</td>
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### 2018 Healthy Lifestyles Action Team

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<tbody>
<tr>
<td>Helen Kinsey, MD</td>
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### 2018 Healthy Communities Breastfeeding Coalition Volunteers

<table>
<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Mandy Dornfeld, MD</td>
<td>Chair</td>
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<tr>
<td>Tracey Slattery</td>
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<tr>
<td>Kelly Slattery</td>
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<tr>
<td>Morgan Hartwell</td>
<td></td>
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<tr>
<td>Amanda Virostko, Staff</td>
<td></td>
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<tr>
<td>Leah Wellman</td>
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### 2018 Mental Health Action Team

<table>
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<tr>
<th>Name</th>
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<tr>
<td>Melissa Nowland</td>
<td>Co-Chair</td>
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<td>Larry Parkinson</td>
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<tr>
<td>Ray Morris, Co-Chair</td>
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<td>Roger Brown</td>
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### 2018 Tobacco Awareness Action Team

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<tbody>
<tr>
<td>Sarah Aki</td>
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<td>Deep Sharma, MD</td>
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<td>Beth Stankoskie</td>
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<td>Tom Talburt</td>
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<td>Lea Wellman</td>
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### 2018 Community Medication Assistance Action Team

<table>
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<tr>
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<th>Role</th>
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<tbody>
<tr>
<td>Kris Anaya, VMCare</td>
<td>Manager</td>
</tr>
<tr>
<td>John McMillen</td>
<td></td>
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<tr>
<td>Cheryl Williams</td>
<td></td>
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<tr>
<td>Ursula Williams</td>
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### Sources of Support

<table>
<thead>
<tr>
<th>Source</th>
<th>% Support</th>
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<tbody>
<tr>
<td>Columbus Regional Health</td>
<td>52%</td>
</tr>
<tr>
<td>Columbus Regional Health Fund</td>
<td>26%</td>
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<tr>
<td>State</td>
<td>17%</td>
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<tr>
<td>Local</td>
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### 2019 Community Health Priorities

1. Substance Abuse
2. Access to Primary Care
3. Infant Mortality
4. Disease Prevention

### 2019 Budget $540,000

### 2018 ASAP Prevention Team

<table>
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<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Sarah Armitage</td>
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<tr>
<td>Heather Carson</td>
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<tr>
<td>Jessica Cury</td>
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<tr>
<td>Rachel David</td>
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<td>Stephen Dister</td>
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<td>Jacqueline Franz</td>
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<td>Julie Miller</td>
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<tr>
<td>Roy Morris</td>
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<td>Andrea Vogel</td>
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<td>Nicki Vreeland</td>
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<tr>
<td>Ben Wagner</td>
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<tr>
<td>Sarah Wootsfield</td>
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### 2018 ASAP Prevention Team

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<tr>
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<tbody>
<tr>
<td>Melissa Nowland</td>
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### 2018 Tobacco Awareness Action Team

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<tbody>
<tr>
<td>Sarah Aki</td>
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<td>Lea Wellman</td>
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### 2018 Community Medication Assistance Action Team

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</table>

### Columbus Regional Health

2018 Healthy Communities Scorecard

### Columbus Regional Health Foundation

2018 Healthy Communities Scorecard

### Columbus Regional Health

2018 Healthy Communities Scorecard

2019 Budget $540,000

### Sources of Support

Columbus Regional Health: 52%
Columbus Regional Health Foundation: 26%
State: 17%
Local: 5%