Dear Patient,

Thank you for choosing Southern Indiana OB/GYN (SIOG) for your prenatal care. All of us at SIOG are determined to provide you with the highest quality of personalized health care. Our office consists of two Physicians: Dr. George Albers and Dr. Dan Davis; Certified Nurse Midwife, Nicole Sichting and Nurse Practitioner Pam Spencer, WHNP; Practice Manager, Ann Scheumann; Front Office Staff: Amy, Judy and Lisa; Certified Medical Assistants; Jennifer, Lisa, Emily and Shelly; and our nurses, Dawn, Kari and Rachael. We have an Ultrasound Technician, Miranda, as well.

Lisa and Amy will be happy to help with any scheduling issues you may have, while the doctors and MA’s/nurses will handle any medical questions/problems that you might be experiencing. After 5:00 P.M. (noon on Fridays) or on Saturday and Sunday, medical Emergency calls are handled by the doctor on call through the Columbus Regional Hospital operator at 379-4441 or toll free 1-800-841-4938. Please Note: additional “on call” coverage is provided by the doctors at OBGYN and Associates.

Your prenatal care starts with an appointment with one of the physicians during which you’re medical and obstetrical history will be reviewed. A physical exam will also be performed. You will also be given pregnancy related educational material to review. After this visit you will typically be seen every 4 weeks until 28 weeks, every other week from 28-36 and weekly from 36 weeks until delivery. If a medical problem arises, extra visits to the doctor may be necessary. If urgent we will make every attempt to see you that day. At scheduled times during the pregnancy, labs will be drawn. If everything is normal results will be discussed with you at your next visit. If they are abnormal we will call you when the results come back. Please Note: Labs, ultrasounds, extra visits for non-ob related care, additional testing etc. is not included in the global fee for OB care. Please contact the billing office with questions at 812-375-3000.

Given the unpredictable nature of obstetrics, there will be days in which the doctor will be called out of the office and/or days with a lot of “add-on” patients with urgent problems; therefore, long delays for your visit may occur. Your patience is greatly appreciated. We will provide you with options as information is received from the physicians. Office hours are Monday – Thursday 8:30 a.m. – 5:00 p.m. and Friday 8:30 a.m. – Noon.

Your prenatal care usually ends with a delivery at Columbus Regional Hospital’s Birthing Center. It is not uncommon to be asked during the course of pregnancy to go to the Birthing Center to help “rule out” labor or other problems that might arise. The nurses will monitor you and the baby and labs may be drawn. All information is then relayed to the doctor on call and if needed the doctor will most certainly come in to see you. If a problem arose and a delivery of less than 32 weeks was inevitable, the doctors usually try to transport the mother to St. Vincent Hospital in Indianapolis, under the care of Drs. Sumners, prior to her delivery. Their high-risk nursery can better take care of the premature infant.

After delivery, you will be seen 4 to 6 weeks post-partum. This visit is much like an annual exam where a full physical and pap smear are performed. We can also discuss any further questions regarding the recent delivery and, if desired, future birth control options.

We look forward to caring for you and your baby during this pregnancy.

Sincerely, Southern Indiana OBGYN